



### SNJ CHARITABLE TRUST

Success and Joy

### Welcome to SNJ's very first newsletter!

What a time to be bringing this out! We have been busy during the Covid19 period and want to share what has been possible with your support – both in our local community and across the miles in India.

From the very first day of lockdown on 23rd March 2020 to now as I write this, we have risen to the challenges and supported our community as well as individuals!

We've stood in queues to shop for food to deliver to children's charities, delivered pyjamas to terminally ill patients in Compton Hospice and collaborated with Wolverhampton University to deliver high-quality PPE when it was in short supply.

We have also supported people who lost their loved ones, checked and chatted to lonely people, supported women and children escaping from domestic violence, whilst continuing to shop & drop food!

Our coordinators share their experiences of the four projects running locally,

read about it inside!

From all of us at SNJ, Happy Diwali!





# Shop 'n' Drop We make sure no one goes hungry! Sunita Gupta



Food is the most essential need in this global pandemic. We've put food on 4689 tables all over the Midlands – Wolverhampton, Dudley, Stourbridge, Quinton, Walsall & Handsworth.

We've provided everyday food items, fresh food, toiletries, baby food, nappies and ethnic food! We stock piled ethnic food so that it can be delivered wherever needed. For other items, our dedicated volunteers Shop 'n' Drop to the most vulnerable individuals, families, food banks and churches. Thanks to all the volunteers, the project is running smoothly!



## <u>Domestic Violence</u> Right to a life free from violence and abuse





#### We are here to help, support and listen!

Domestic Violence has increased three folds during the Covid19 Pandemic. Leaving one's abusive home is a traumatic decision, with most women flee their home with nothing except the clothes they are wearing.

We're working with 10 organisations & have supported 626 women - survivors of Domestic Abuse, Sexual Violence, Trafficked Women and 174 children. We have provided essential clothes, toiletries, bedding, food, baby milk, & nappies as well as delivered fresh food, including ethnic produce for women from minority ethnic backgrounds.

We encourage, motivate and empower women to learn and upskill themselves. With our team of dedicated volunteers we continue to support and change the lives of many victims.



### Check, Chat & Deliver No one should feel alone Urvind Kohli



Covid19 has affected many people – most of all, the elderly, lonely, isolated, shielding and vulnerable people. My team of nine dedicated, wonderful people and I have been providing this service to check on & chat to this group of people.

We listen, chat & explore their needs to find out what help they need. Most of the time they don't need anything other than a friendly chat and a listening ear. However, in some cases, where people have requested food or information about transport needs etc. we fulfil the same. The food requests are passed on to our Shop n Drop team. I feel that we're contributing & making a huge impact to the lives of isolated people. It is a very satisfying & rewarding job!



### Bereavement Support Suman Sharma



Losing a loved one is a traumatic experience. I know. Last year I felt devastated when I lost my husband. I did not know what to do with my life. I had lost purpose of my life. It was a very difficult time for me even though I had my family & friends.

But then, SNJ volunteers, some of whom I knew started sending me some lovely encouraging messages. That motivated me. I decided to do something for my late husband which would make him proud of me.

I joined SNJ Trust & organized a fund-raising event - 'A day to remember' – a tribute to my husband in Feb'20. It was a huge success. It gave me joy of life. Then in March'20, during Covid19, so many people lost their loved ones. I am now the coordinator of Bereavement Support project. I also help with other projects. We support a large number of people who have lost their loved ones. I understand what they're going through. I help others to help myself. Thank you SNJ for giving me another life.



### Across the Miles-Projects in India



### **Diabetic Project**

We are currently supporting 70 children with Type 1 diabetes who need insulin to just survive. From the humble beginnings of just 10 children, we're pleased to be supporting 70 children who receive regular insulin because of all the sponsors in UK! It was a privilege to meet the children & their parents who had travelled from all the villages around Nagpur to attend the annual event where SNJ was the guest of honour.

### Leper Colonies in Haridwar

#### 'Happiness is owning a brand new pair of shoes!'

We continue our work in the leper colonies – from regular food distribution to Toilet Complex repairs & maintenance as well as supporting children from the colonies to study & become self-sufficient. Our Back to School project gave all the children from the leper colony a school bag, summer & winter uniform & a brand new pair of shoes!

#### **Education**, **Education**, **Education**

This is one crucial chance to break free from poverty. And education is expensive. We're pleased to be supporting young people doing vocational & professional courses. From B.Comm to Law and Medicine! And all this with your on-going & generous support.

Finally, we're still in the middle of this global pandemic. We continue to work hard to fund-raise through creative ideas, run increasing number of projects, both here & in India, continue to support homeless people, lonely & vulnerable people, and those in need of just a friendly phone call!

If you'd like to spread Success & Joy in this dark hour, join us!

Contact us for free today on 0782 3891071

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